<table>
<thead>
<tr>
<th><strong>Grocery Store Planning Sheet</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>We are going to the grocery store on:</strong></td>
</tr>
<tr>
<td>(List Day, Date and Time.)</td>
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<tr>
<td><strong>The name of the grocery store is:</strong></td>
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<tr>
<td><strong>The address is:</strong></td>
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<tr>
<td><strong>Select meal &amp; review recipe(s):</strong></td>
</tr>
<tr>
<td>Write down recipe ingredients:</td>
</tr>
<tr>
<td><strong>Check pantry / refrigerator for items:</strong></td>
</tr>
<tr>
<td><strong>I need to purchase these items:</strong></td>
</tr>
<tr>
<td><strong>I need to bring this much money:</strong></td>
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</tbody>
</table>
1. Walk in the front doors.

2. Get a grocery cart.

3. Take out your shopping list.
- Get each item on the list.
- Check that all of the needed items are in your cart.
- Go to checkout lane with a light on.
Grocery Store Schedule 3 / ✓ Check Box When Done

☐ Wait in line.

☐ Put food on the conveyor belt.

☐ Pay by swiping or inserting a credit card.
Put bagged groceries in cart.

Push the cart out of the store.

Notes:
Walk to self-checkout area.

Go to self-checkout machine that isn’t being used and is open.

Scan each item from the cart one at a time.
Put the item in a bag.

Repeat for all items in the cart.

Put bagged groceries in the cart.
☐ Touch Finish/Pay Now.

☐ Pay by inserting or swiping credit card in the credit card machine.

☐ Take the receipt and put it in a safe spot.
Push the cart out of the store.
Wait in line.

Push the cart safely.

Scan everything in your cart (at self-checkout).
IF they are out of something I want to buy ...

THEN pick a backup from my list.

Circle that item and move to the next item.

Look around and buy something similar.

IF the self-checkout machine is not working ...

THEN push button for help.

Ask grocery store worker for help.

IF someone asks me a question ...

THEN I can shake my head no.

I can answer if it is a factual question (e.g., time, weather).

I can gesture that I don’t know.
IF the music is too loud …

THEN put on my headphones.

IF the lights bother me …

THEN put on a baseball hat.